

CONCUSSION IN SPORT

Save The Date: October 3, 2017
Save The Time: 7:00PM
Where To Go: Mission Leisure Centre
7650 Grand Street
Mission, BC
Presented By: Mission Sports Council
Guest Speaker: Dino Geremia, MA, CSCS
Cost: ABSOLUTELY FREE OF CHARGE TO YOU

CONCUSSION
IF IN DOUBT, SIT IT OUT.
CONTACT A HEALTHCARE PROFESSIONAL
IF A HEAD KNOCK CAUSES:

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LOSS OF CONSCIOUSNESS
- 
INCREASING CONFUSION
- 
VOMITING
- 
WORSENING HEADACHE

#nobrainnogame

Coach Dino Geremia is a long time University football coach (20+ years) as well as coaching provincial and national levels in more recent years. A National Master Facilitator for the NCCP in Football and a Learning Facilitator for Fundamental Movement Skills, he is also a Provincial Physical Literacy mentor. In BC and across the country, he has been instrumental in the facilitation and promotion of Safe Contact, an NCCP football program that serves to educate coaches, players and parents about the risks of playing football and the measures being done to ensure each player their role in minimizing those risks. Since 2010, Dino has been a part of

committees and presentations nationally and provincially aimed at increasing knowledge about concussions and teaching techniques that alleviate the risks. He remains committed to the education process in this area while promoting participation in sport.

Founder of the Recruiting Academy and a partner in Game Ready Fitness, Dino has spent his entire career coaching and mentoring student-athletes. His experience and background has made him a valuable asset as we continue to look at the early development of children acquiring the skills to avoid future injuries in sport. He has impacted the Safe Contact program greatly in BC and across the country. Dino most recently has become a consultant and board member with the Washington Kids Foundation which is an organization committed to erasing barriers for children and youth so they can participate in healthy activities and dream of future successes.

To get in touch with Dino, book him to speak at your event, or take advantage of his training programs, check him out here www.dinogeremia.com.